

Sudden Cardiac Arrest: Quick Action Matters!



Sudden Cardiac Arrest is the leading cause of death in the United States. Anyone can experience Sudden Cardiac Arrest (SCA), including infants, children, teens, young adults and people in their 30s and 40s who have no sign of heart disease, as well as more mature adults.

Every minute that passes without a shock from an AED decreases the chance of survival by 10%.

Administering hands-only cardiopulmonary resuscitation (CPR) can be a bridge to life until an AED arrives.

A health tip for you from
AdvocateAuroraHealth