

What you need to know about Cardiologic Services

We encourage the use of our **free valet parking service**.

No tipping allowed please.

Please turn your **cell phone to silent/vibrate** during your visit.

Public Wi-Fi is available through **AHCPUB wireless**.

Guest Services can assist you with locating:

- **Cafeteria** (LL)
Monday – Friday 6:30 am - 2 pm
- **Fresh Start Café** (Main Lobby)
Monday – Friday 6 am - 2 am
Saturday – Sunday 6:30 am - 8 pm
- **Chapel**
- **Gift Shop**
- **Healing Garden**
- **Vending Machines**

If you need assistance or have a question, please call:

Cardiologic Manager: 847.990.5075 or (27.5075)

Heart Institute Liaison: 847.990.5555 or (27.5555)

Chaplain: 847.990.5915 or (27.5915)

Financial Counseling: 847.990.6358

Estimated Procedure Times

Procedure	Duration
Nuclear Stress Test	3 - 4 hours
Pharmacologic Stress Test	3 - 4 hours
Standard Stress Test	1 hour
Stress Echo/Pharmacologic Stress Echo	1 hour
TEE	2 hours
TEE with Cardioversion	2 hours
Echocardiogram	45 minutes
Pediatric Echocardiogram	45 minutes
EKG	15 minutes
Holter Monitor/30-Day Event Monitor	30 minutes

Please note that Pediatric procedures may take longer



Advocate Condell Medical Center

Inspiring medicine. Changing lives.

Frequently Asked Questions

Why does a Nuclear/Pharmacological Stress Test take so long?

- The clinician starts an IV and gathers the patient's medical history. **10 minutes**
- The technician will inject a nuclear isotope to circulate for rest images. **45 minutes**
- The patient is brought to the camera for images of the heart at rest. **10 - 15 minutes**
- The patient must wait approximately **90 minutes** from first injection to second injection. **90 minutes**
- The patient is brought to the exam room to do a stress test while their heart is monitored via EKG. The stress test may include walking on a treadmill or, if unable to walk well, a pharmacological injection is given to raise the heart rate. **20 - 30 minutes**
- During the stress test, the patient will receive another nuclear isotope injection. **5 minutes**
- After the stress test, the patient will rest during circulation of the nuclear contrast. **45 minutes**
- The patient is then brought back to the camera for a second set of images of the heart. **10 minutes**

Total Time: 3 - 4 hours

What is MyAdvocate Patient Portal?

MyAdvocate, patient portal, is a **free**, password-protected and web-based interactive service that allows you to securely access, track and even update your health information. It places greater control of your care where it belongs—in your hands. At discharge, a summary containing the following information will be generated: allergies, immunizations, lab results, medications, problem list, discharge education, and vital signs. Once you sign-up you will receive this information going forward. The web address for MyAdvocate: myadvocate.advocatehealth.com

If you have any questions or need assistance regarding the patient portal, call the Advocate Medical Group Contact Center at 855.805.3796. Hours are Monday through Friday 7 am to 7 pm and on Saturday from 9 am to 2 pm.

Why do some procedures require the patient to have a ride post procedure?

If the procedure requires sedation, patients must have a ride home. Sedation alters cognitive skills and therefore patients must be handed off to a family member or responsible party. For your safety, we do not allow health care providers to hand off patients to a taxi service, and we do not allow patients to take public transportation after sedation.

How do I get my results?

Once your procedure is complete, it will be reviewed by a cardiologist. The cardiologist will complete a report that is forwarded to your medical record. The physician ordering your procedure will have access to your results within 48 hours. Your physician knows you and your medical history and will inform you of your results.



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