

ADVOCATE CHRIST FAMILY MEDICINE RESIDENCY SPORTS MEDICINE SUBINTERNSHIP

DEPARTMENT:	Family Medicine
COURSE TITLE:	Family Medicine Inpatient Sub-Internship
PRIMARY RESPONSIBLE FACULTY MEMBER:	Sangili Chandran, MD and Kiran Bojedla, DO
COURSE COORDINATORY:	Jeanette Gooden
CONTACT:	jeanette.gooden@aah.org 708-857-5902
PROGRAM DIRECTOR:	Roxanne Smith, MD
ASSOCIATE PROGRAM DIRECTOR:	Cynthia Ohata, MD
DURATION OF COURSE:	4 Weeks
RESIDENT INVOLVEMENT:	Yes
NUMBER OF STUDENTS EACH COURSE:	One
QUARTERS IN WHICH COURSE IS OFFERED:	All
HOURS PER WEEK OF LECTURE:	Approximately 7
PREREQUISITES:	4 th year status, LCME-accredited medical school

GENERAL DESCRIPTION: During this rotation, the medical student will rotate with Advocate Christ Sports Medicine doctors. The student will participate in Orthopedic clinics, Family Medicine Sports Medicine clinics, and physical therapy clinics. The student will have hands-on experience in evaluation and management of musculoskeletal concerns. Modalities will include history-taking, physical exam with issue-specific maneuvers, point-of-care ultrasound, aspirations and injections. Training will include high school athletic training and football games during football season. Each student will present on a Sports Medicine topic of interest.

OBJECTIVES: At the end of this rotation, our sub-intern should be able to

1. Demonstrate musculoskeletal history and physical exam skills
2. Practice skills of assessment and plan for sports medicine issues
3. Utilize knowledge of and facility with evidence-based and patient-centered care of the sports medicine patient
4. Apply enhanced experience and skill with professional and interpersonal communication regarding Sports Medicine issues

COURSE EVALUATION: Standard evaluation form obtained by the student from the Curriculum Office.

STUDENT EVALUATION: Standard evaluation form from student's medical school.

ADVOCATE CHRIST FAMILY MEDICINE PRIMARY CARE SPORTS MEDICINE CLERKSHIP ROTATION

Acceptance for this elective is filled starting March 1st. The duration of the rotation is four weeks. Request for this elective must be sent via email to jeanette.gooden@aah.org. Only one student per each 4-week block is accepted for this elective August thru May.

Students will be exposed to a range of sports medicine problems. The student will become skilled in sports specific history and physical examinations. Student will have encounters with common sports related conditions including: groin pulls, hamstring injuries, shin splints, heat exhaustion, stress fractures etc. on this rotation.

Apart from the clinical experience that the student receives on this rotation, the student will spend time at a physical therapy facility, with athletic trainers and attend local high school football games during the season from August through October.

You will be expected to present a topic of interest from among the 40 sports medicine topics enclosed in the sports medicine packet you will receive at the start of the rotation. You have the option of doing the pre-test questions and going over it with the director of sports medicine at the end of the rotation.

You will be emailed the sports medicine schedule a week prior to the start of the rotation. The schedule will list where you are to report for the rotation. You will spend time during this rotation at the family medicine center with Dr. Chandran and Dr. Bojedla and at other sites with Dr. Chaudri and Dr. Wallick.

The evaluation required by your school for this rotation is to be presented to the clerkship coordinator at the end of the rotation. Once it is completed, it will be forwarded to your school.

We hope you have an enjoyable, enlightening, and highly valuable educational experience on this rotation.

If you have any questions, please feel free to contact the clerkship coordinator, Jeanette Gooden via email or give her a call at 708-857-5902.