# community partnership report

2001

The Year in Philanthropy

Community Dividend Report

#### The Year In Philanthropy

2001

The community makes a generous commitment to Advocate

As a not-for-profit organization, Advocate Health Care is deeply engaged in the communities we serve. The relationship is a close and reciprocal one: the community looks to Advocate's eight hospitals and 200 sites of care for outstanding clinical care and outreach programs, while Advocate relies on the community for leadership, volunteers and essential philanthropic support.

The growing strength of this relationship made 2001 a banner year for philanthropy across Advocate. Through the Advocate Charitable Foundation, our donors — grateful patients and their families, associates, physicians, corporations, foundations and other organizations — contributed or pledged \$30,779,000 to hospital needs and system-wide initiatives. That total — a 59 percent increase over the year 2000 — set a new standard for the community's generosity toward Advocate. In 2001, fundraising activity by the Advocate Charitable Foundation generated \$5.42 in gifts and pledges for each \$1 in foundation operational expenses.

Philanthropy is a not-for-profit organization's "venture capital." Contributions are applied according to the donor's wishes, at a specific site or across the system, in the form of capital expenditures, program support or endowment, to initiate and sustain many clinical excellence and community outreach initiatives that could not be funded otherwise. With their gifts, our donors improved the quality of life for millions of their neighbors.

Advocate is a leader among health care providers, nationally and locally. By partnering with Advocate, our donors also took a leading role in improving health in their communities.

#### Removing Barriers, Achieving Excellence

#### Ensuring access to health care

Nearly 700,000 residents of metropolitan Chicago have no health care insurance. Many more are underinsured. Without insurance, many of our neighbors must delay or forego needed health care. Cultural and geographic barriers keep many more from seeking the care they need. Contributed funds support projects that make it possible for us to care for thousands who might otherwise not be served.

At a health center based in Lake View High School on Chicago's North Side near Advocate Illinois Masonic Medical Center, teens can access primary care services and counseling with a full-time clinical psychiatrist. The two North Side Health Network centers had 7,000 visits last year.





The new 26,000-square-foot outpatient pavilion at Advocate Good Shepherd responds to projected growth trends for the Barrington area and the needs of an aging population by centralizing all outpatient services in one wing of the hospital.

#### Extending clinical excellence

Advancements happen in health care every day. To remain state-of-the-art, Advocate must constantly upgrade its facilities, equipment and practices. Doing so is expensive — a financial burden we are committed not to place on our patients. Every year, donors contribute essential funds for projects that keep our facilities and equipment among the nation's best.

#### **Adapting Our Care for Those We Serve**

#### Helping those with special needs

Some people need care beyond the conventional. Hearing-impaired people who need psychiatric help. Autistic children who cannot visit a traditional dentist. Down syndrome patients who outlive their parents. Too often, those with such needs fall between the cracks of traditional health care. Programs that meet these needs are often complex and rarely pay for themselves. Philanthropy allows Advocate to provide programs for those who might be overlooked.

The Geropsychiatric
Community Outreach
Program at Advocate
Good Samaritan
Hospital in Downer's
Grove provides
specialized mental
health services to
the elderly and their
loved ones, including
education groups and
marital, family or
activity therapy.

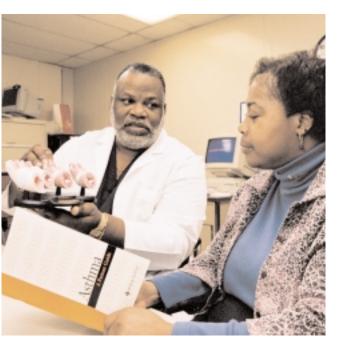


### EMBRACING THE SPIRITUAL DIMENSION OF CARE

It takes more than medical care to restore and sustain health. Driven by values grounded in faith, Advocate's commitment to treat the whole person mind, body and spirit — takes many forms: parish nurses who care for entire church congregations, pastors who train for service in health care settings, caregivers who simply take the extra moment to minister to the human, spiritual needs of our patients. Our donors provide essential funds to ensure this work continues.



Anxiety and stress are daily realities for sick children, their siblings and families. Advocate Bethany Hospital's Reach Out and Read Program provides age-appropriate books to children, caring for the whole person by encouraging both healthy family interaction and literacy.



#### Ensuring health, community-wide

As we treat the whole person, our hospitals take a similarly comprehensive approach to the health needs of whole communities. They provide the full array of services needed to keep their neighborhoods healthy — primary care, trauma services, acute care, rehabilitation, education and prevention. And, because our care network spans the region, programs pioneered in one community can be expanded to many others, allowing Advocate to make an effective impact on health needs of the entire Chicagoland community.

Through an integrated approach to asthma education and management, Advocate Trinity Hospital (pictured), Bethany Hospital and Advocate Health Centers target the southand west-side neighborhoods of Chicago, reducing asthmarelated hospital admissions and emergency room visits.

#### **Unlocking the Promise of the Future**



Advocate Lutheran
General Hospital
(pictured) and
Advocate Christ
Medical Center are
among the top 15
teaching hospitals
in the nation, offering
nursing and allied
health training;
continuing medical
education courses;
and numerous
residency programs.

#### Educating the next generation

Advocate trains more primary care physicians than any other non-university hospital in Illinois. By supporting medical education, our donors not only help us provide an excellent, values-centered preparation for new caregivers, they sustain an intellectually rigorous environment in our hospitals — the kind of environment that attracts the best medical professionals and results in outstanding patient care.



Christ Medical Center is one of only six sites nationwide testing the merits of minimally invasive, endoscopic surgery with the da Vinci robotic surgical system, an innovation promising patients quicker recovery and less chance of tissue and nerve damage or infection.

#### Advancing care through innovation

Each year, thousands of people survive diseases that were once nearly always fatal. Medical research and the development of new technologies continuously expand the tools and techniques at caregivers' disposal. By helping Advocate stay at the forefront of innovation, our donors ensure that our patients receive the latest and best in care.



By sharing best practices and standardizing their educational materials, Advocate South Suburban Hospital and the seven other hospitals taught congestive heart failure patients to manage their illness more effectively than ever before.

## Transforming care through integrated delivery

As medical knowledge expands, health care grows more complex. To manage this complexity and take full advantage of our knowledge, we must continue to develop systems that allow our 4,600 physicians to share and integrate information, perspective and experience effectively — between facilities, across communities, over time. In 2001, Advocate was named third among the nation's top 100 integrated health care systems.

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2001

Community Dividend Report

## 2001

## Advocate returns dividends to the community

As a not-for-profit organization, Advocate Health Care has no stockholders. The organization generates revenue from operations, investments and philanthropy, then reinvests any surplus to benefit patients, families and communities.

Because of this commitment, in 2001 Advocate returned \$49.7 million of the revenue from these activities to the community in the form of community health outreach programming, charity care and unreimbursed Medicaid services. This return — our "community dividend" — represented 64 percent of our income from operations for the year and demonstrated our commitment to give back to the communities we serve.\*

This distinctive commitment makes philanthropy increasingly important for Advocate. Under our faith-based mission, we serve many people who cannot afford the cost of their care; therefore, charity care and unreimbursed Medicaid services demand many of our resources. Contributed funds are vital — especially for our many community outreach programs that take health care beyond hospital walls and into the neighborhoods we serve.

<sup>\*</sup> After losses from other activities, the remaining portion of the system's income from operations was reinvested in facilities, equipment and programs. These investments benefited our communities by improving our capacity to deliver health care.

#### **Community Benefit Activity**

#### CHARITY CARE

Advocate hospitals provide free or reduced-cost care to patients who demonstrate financial need according to specific criteria. In 2001, we provided charity services to more than 7,600 patients at a cost of over \$16 million.

#### COMMUNITY HEALTH PROGRAMS

As faith-based, mission-driven institutions, Advocate's hospitals conduct outreach programs and services designed to build healthier communities, often in partnership with other organizations that have compatible missions. In 2001, nearly 1.3 million people were touched by these programs, at a cost of more than \$20.5 million. Programs are pursued at two levels:

**Site-focused initiatives** — Responding to identified community needs, these initiatives improve services or increase access to care in the service areas of our major sites. Examples include:

**Health fairs** — education, referrals and health screenings for area residents

Clinics for low-income populations — health care programs that address financial, cultural and other specialized care needs of the uninsured and underinsured

**School-based clinics** — on-site care to enhance access for students

Inner-city adopt-a-school programs — physicals, immunizations and health screenings for at-risk grammar school students

**Sibling and family support groups** — peer group support, recreation and education for families challenged by the health conditions of family members

**Healthier Communities partnerships** — collaborations with other area organizations to address specific health issues in the surrounding community (such as asthma, diabetes, women's health, etc.)

Parish nursing programs — health service, counseling and advocacy conducted through congregational communities

#### UNREIMBURSED MEDICAID SERVICES

Reimbursement paid by the Illinois Medicaid program does not cover the full cost of care provided. In 2001, Advocate hospitals were under-reimbursed by \$13.2 million for the services they provided to more than 103,000 Medicaid patients.

**Broader initiatives** — Responding to regional health needs determined by local and county-wide health assessments, or addressing the interests of the broader health and faith community. Often conducted by several Advocate hospitals working together for a wider impact, usually in partnership with other interested parties. Examples include:

**Healthy Steps for Young Children** — developmental and behavioral information for parents

**West Side Asthma Project** — targeted consultations to help sufferers manage and ameliorate their condition

**Baby Advocate** — immunization and development tracking for children under 2

Childhood Trauma Treatment Program — comprehensive mental health intervention for victims of childhood sexual abuse

**Family Care Network** — comprehensive array of family counseling services

**Senior Advocate** — customized wellness programs including financial and insurance counseling, referrals and discounted and/or free screenings

**Adult Day Care** — on-site social interaction and health monitoring for the elderly

Gilead Outreach and Referral Center — region-wide coalition to provide referrals for the uninsured

Park Ridge Center for the Study of Health, Faith and Ethics — interdisciplinary institute investigating how cultural and religious thought affect health care delivery

**Medical education programs** — residency and continuing medical education

**Research** — including clinical trials and research into new care methodologies

Donations to collaborating not-for-profit partners

ADVOCATE BUILDS HEALTHIER COMMUNITIES EVERY DAY • From Barrington to Hazel Crest, from Ravenswood to Park Ridge, Advocate builds healthier communities every day through a myriad of site-focused community health programs. The following is only a sampling of our 2001 programming.

Advocate Health Centers • MedFest • Wise Buys Nutrition Tours . Heart Health Tours . Authors in the Schools . Osteoporosis Lecture . Benefits of Exercise via Dance • Orland Expo • 4th Ward Health Fair • Senator Mahar's Senior Wellness Fair . 19th Ward Y-Me Softhall Tournament • Alberto Culver Employee Health Fair . Youth Outreach Health Fair . Burbank Chamber Christmas Program • Falling Leaf Festival/History Mystery Bike Tour • Good Neighbor Fund • Holiday Food Basket Giveaway . Pathways to Better Health Clinic . Senior Celebration . South Suburban Crisis Center . South West Women's Shelter - Christmas Giving Tree . St. Michael's Track-a-Thon

Advocate Bethany Hospital, Chicago • 1:1 Counseling to Seniors . Adopt-a-School . Ambulatory Care Council . Asthma Education • Bethany Brethren Community Board . Breakfast Club . Children's Cough Prescription Program • Clinical Nursing Education • Clinical Pastoral Education • Church Presentations • Community Education . Counseling . Cradle to Classroom • Diabetes Education • Foster Grandparent • Friendly Visiting • Head Start Health Education • Healthy Community Partnership • Immunization/ Tracking Program . Information and Referrals . Prayer Breakfast . Senior Advisory Council . Senior Advocate . Senior Companion . Walk the Path to Health • Well-Child Health Fair • Westside Coalition • Westside Ministry Alliance • Westside Health Authority . Women's Health Education

**Advocate Good Samaritan Hospital, Downers** Grove • AARP 55 Alive Program • Adopt-A-Family Program • Advanced Trauma Life Support Training for Physicians • Autumn Classic • Breast Cancer Support Group • Cancer Survivors Day . Clergy Meetings . Change of Heart . Clinical Nursing Education • Cognitive Aging: Memory and Aging • Community Education Programs • Diabetes: Building Your Self-Management Program • Fibromyalgia Support Group • Fire Department Continuing Education • Encare • Fire Department Open House Fair · Grief Support Group · Health Screening Programs • Healthy Habits Weight Loss Program • Injury Prevention for Scouts • Leg Veins! Not Anymore... Just Look at Me Now! • Lymphedema Lecture • Naperville Support Groups . Neonatal Reunion-NICU . Oakbrook Terrace Park District Programs • Parkinson's Support Group . Patient Transportation • Prenatal Education • Psychiatric Support Groups . Psychiatric Telephone Referrals . Religion and Health Counseling . SAGE-ing Workshop . Safe Sitter Class • Senior Advocate-Breakfast Club . Senior Health and Fitness Fair . Senior Police Academy . Total Joint Replacement Classes • Transportation Vouchers • Trauma Grand Rounds • Water Exercise Classes • Why Are Babies Born Early? • World Asthma Day • Yorktown Mall Walkers — "Morning Milers Club"

Advocate Good Shepherd Hospital, Barrington • 55 Alive Safe Driving • Bereavement Support Group • Blood Pressure Screening • Barrington Area Council on Aging • Cancer Reoccurrence Support Group • Career Fair Lake Zurich High School • Character Counts • Community Flu Shots • Cooking with Pina • Corporate Healthy Communities Coordinating Council • Day of Caring for Breast Cancer Awareness • Ex-Smokers Support Group • Food Service Community Outreach • Healthy Wauconda Partnership • Hospice of Northeast Illinois • Immunization Clinic • Kids Care Fair-Barrington • Kids Night Out • Lake Zurich 10K Run • Lymphedema Support Group • McHenry County Task Force on Aging • National Anxiety Screening Day • National Depression Screening Day • Northeast Illinois Area Agency on Aging • Northwood Middle School Project on Meningitis • Pastoral Services • Pediatric Center Community Outreach • Senior Breakfast Club • Senior Health Fair • Senior Transportation Services • Spine Center Community Outreach • Y-Me Breast Cancer Support Group • Computers for Kids — Crystal Lake

Advocate Christ Medical Center, Oak Lawn • The Kid's Expo • Oak Lawn Community Partnership . Access Chicago . Advancements in Detecting Congestive Heart Failure • AERO Special Education Cooperative • Birth Center Tour . Blood Pressure Screening Program • Body Fat Testing • Breast Cancer Support Group . Caring Kids Class . Charity Prescriptions Childbirth Education . Community Health Fairs and Screenings . Clergy Association Meetings . Clinic Healthcare for Underserved Populations • Community Response Team • Congestive Heart Failure Assessment . CPR Training Classes • Exercise and You Presentation • Generation to Generation · Great American Smoke Out · Here's Looking at You, Kid! . Home Delivered Meals . Illinois Deafness and Rehabilitation Association • Latino Community Health Fair • Medical Play Day . Medicare and Insurance Counseling . Memorial Services . Men to Boys Mentoring Group . National Cancer Survivor's Day Celebration . Oak Lawn Children's Museum . Oak Lawn Fall on the Green . Overeaters Anonymous . Paramedic Continuing Education • Pediatric Community Events · Pediatric Health Fairs · Pediatric Speaker's Bureau • Prescription Analysis • Prostate Cancer Screening Program • Red Cross Babysitting Course . Rehab Department Community Events Senator Mahar Senior Health Fair Senator Radogno Health Fair . Senior Citizen Transportation . Senior Advocate Community Education Programs • Sheridan School Health Fair • Skin Cancer Screening • Social Services Seminars . South Suburban Youth Service Alliance . Southland Transition Committee • Spiritual Caregiving • Spring into Health . Suicide Prevention Seminar at Thorton Fractional North High School • Tender Baby Care • The Kid's Connection . Women's Resource and Lactation Center . "Us Too" Prostate Cancer Support Groups

Advocate North Side Health Network (Illinois Masonic Medical Center and Ravenswood Medical Center). Chicago • Americorps Volunteers . Amundsen School-Based Health Clinic • Car Seat Check-Up for Chicagoland Safe Kids Program . Cardiac Rehab Christmas Dinner . Chicago Cycling Club . Chicago Police Department Advisory Boards . Clergy Resource Network • Community Lectures/Speakers Bureau • Community Mental Health Center · CPR Classes · Deaf and Hard of Hearing Program • Dental Van • Diabetes Education Services • Domestic Violence Prevention • Family Resource Center • February Heart Month Event . Greening of Ravenswood • Helping Hands Cash for Emergency Needs . Illinois Poison Control Satellite Education Center • Immunization Outreach . Lakefront SRO Stop Smoking Program . Lake View School-Based Health Clinic . National Nutrition Month Neighborhood Boys and Girls Club • Parish Nurse Program Theological Reflection Seminars • Patient Transportation • Project Active . Ravenswood Community Davcare • Ravenswood Industrial Council SAFE Night, Safe Alcohol-Free Event Safety Fair and Bike Rodeo • Spanish Coalition for Jobs Medical Advisory Board Senior Advocate Lecture Series
 Stop Smoking Program . Lactation Program . Kid Care Outreach . In-Touch Magazine

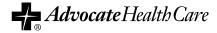
Advocate South Suburban Hospital, Hazel Crest • Congestive Heart Failure Program • Emergency Medicine Training Program • Student Job Shadowing . American Heart Association Heart Walk . Senator Mahar Senior Health Fair . Cottage Grove Middle School Outreach Program . Advanced Cardiac Life Support Education . Advocate Fitness . Blood Pressure Screenings . Breast Cancer Awareness . Business Expo · Community Health and Wellness Fair · Diabetes Awareness • Dietary Department Education • Hazel Crest Park District Programs • I-80 YMCA • Heart Awareness Month • KidSafe Saturday • Nutrition Fair • PADS -Laundering Linens • Open Airways Asthma Program • Prenatal Classes • Patient Transportation • Sibling Class • Speakers Bureau . Support Groups . Tinley Park Public Library Events • Vacation Bible School . Vision Awareness Month

Advocate Lutheran General Hospital. Park Ridge • 55 Alive Safe Driving • Advancing Medicine in Latin America · Alcoholics Anonymous · Baby Advocate • Bicycle Helmet Program • Cancer Awareness Day . Cancer Survivors Day • Career Nights • Chemical Dependency and Substance Abuse Screenings . Childcare Education • Childbirth Education • Children's Car Seat Inspections • Children's Health Fairs . Choose to Lose . Clinical Ethics Outreach . Colleagues Breakfast Series • Conferences on Child Care • Ethics for Lunch . Flu Shot Immunizations . Gail Model Breast Cancer Risk Assessment • Healing Our Lost Dreams . Heart Fair . Heart Walk . Healthier Community Partnership Des Plaines . Healthier Community Partnership Niles . Healthier Community Partnership Park Ridge . Home Delivered Meals . Laureate Day School • Managing Your Asthma • Mended Hearts . Music Therapy Neuropsychology School Counseling • Osteoporosis Support Groups • Pastoral Care Counseling Seminars . Pathways for Parenting • Pediatric Tours • Rainbow Hospice Volunteers • Truthseekers in Adoption • Senior Advocate • Senior Breakfast Club • September 11th Blood Drive . Speech and Auditory Technology Education and Screenings . Stress Management/ Relaxation Group .

Advocate Trinity Hospital, Chicago • 55 Alive • Alcoholics Anonymous • Asthma Education • CANTV Presentation • Celebrating Latina Women Conference . Childbirth Education • Community Education Programs • CPR Classes • Congestive Heart Failure Support Group . Cradle to Classroom . Diabetes Community Research . Diabetes Patient Education • Flu Shot Immunization Program • Health Fairs and Screenings . Infant/Child CPR . Lunch and Learn Health Education Program . Renal Failure Patient Education Class . Senior Advocate Breakfast Talks . Senior Computer Literacy • Senior Exercise Program at Woodlawn Residence • Southeast Women's Health Center Coalition Community Meetings . Southeast Women's Health Symposium . Y-Me Breast Cancer Support

Stroke Club . Trauma Day . Women's

Health Fairs



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